

# Muscles

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# Motor units

Muscle fiber: specialized multi-nucleated cell,  
50-100  $\mu\text{m}$  diameter and 2-6 cm length

1 motoneuron  $\rightarrow$  100-1000 muscle fibers

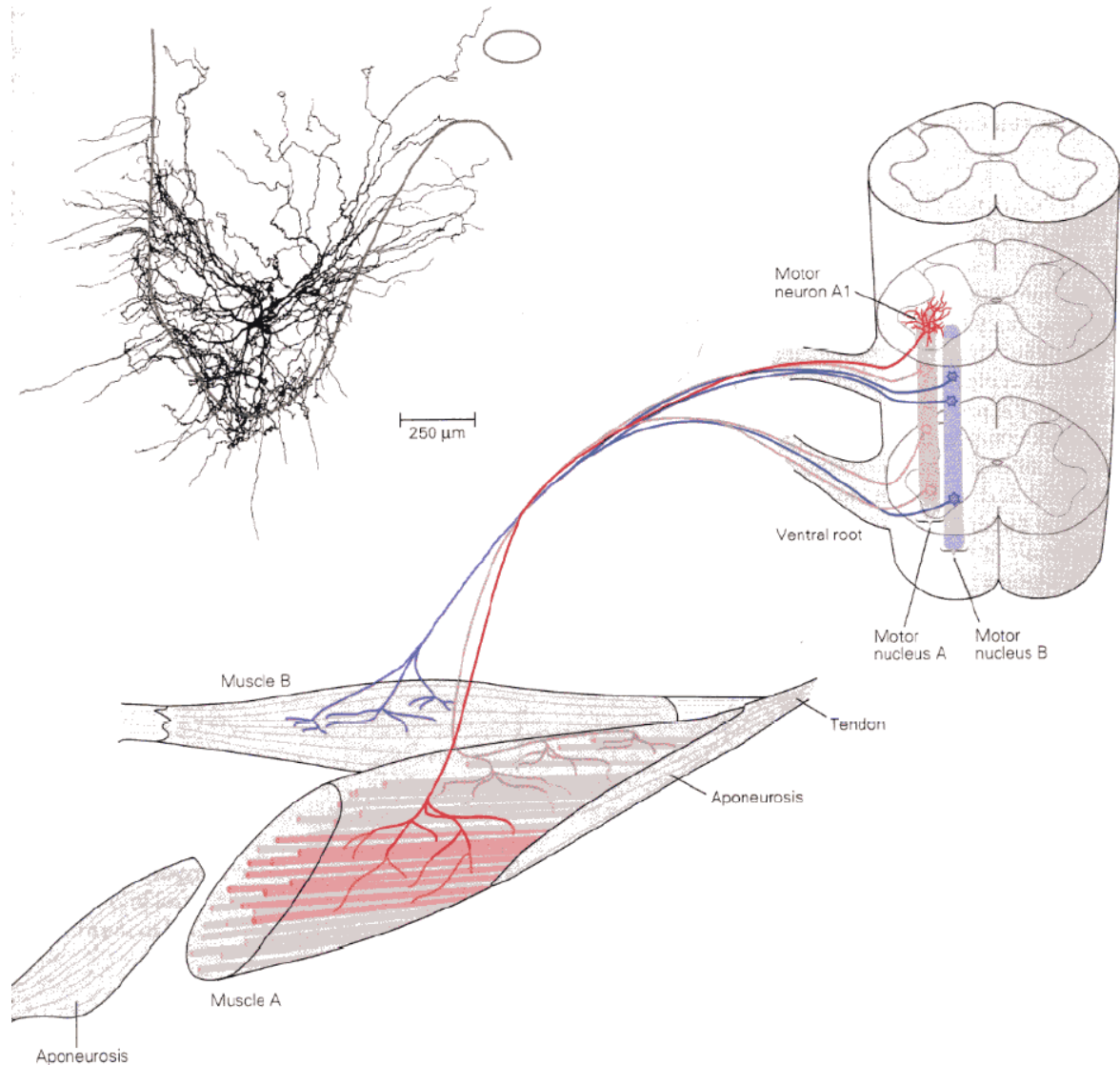
1 muscle fiber  $\leftarrow$  1 motoneuron

Number of motor units per muscle  
varies greatly

Motoneuronal pool: thin vertical column  
in the ventral horn of the spinal cord

Motor axons exit the spinal cord  
through ventral roots;  
sensory axons enter the spinal cord  
through dorsal roots

ACh synapse, called “endplate”;  
every action potential causes large  
but slowly propagating muscle spike  
(easily recorded: EMG)



# Muscle fibers

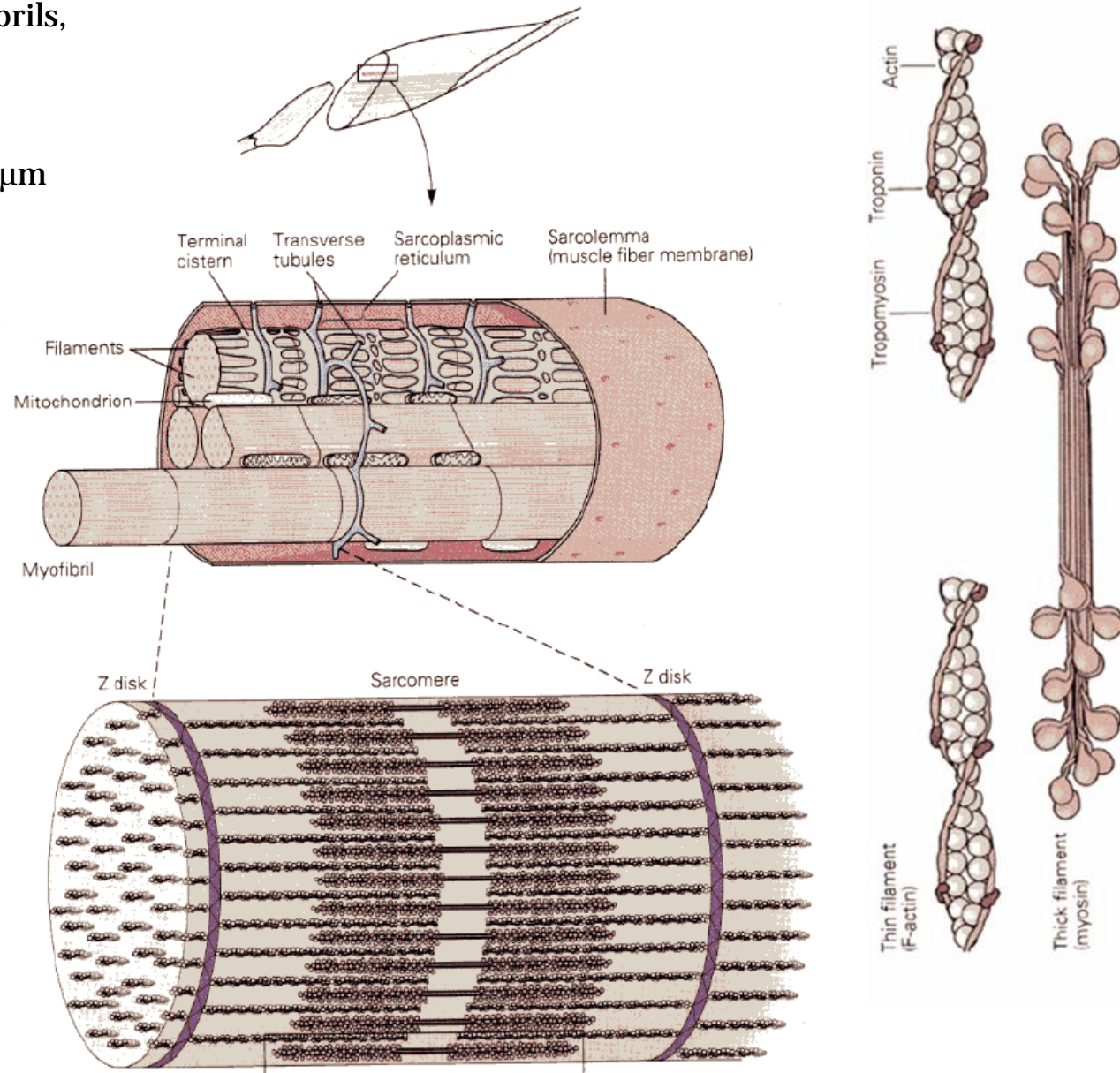
Muscle fiber contains parallel myofibrils,  
CA-delivery mechanisms,  
and stabilizing connective tissues

Miofibrils contain a series of 1.5-3.5  $\mu\text{m}$   
sacromeres, separated by Z-disk

Sacromeres have thin filaments on  
each end, and thick filaments in  
the middle

Thin filament: actin, troponin,  
tropomyosin

Thick filament: myosin



# Force generation mechanism

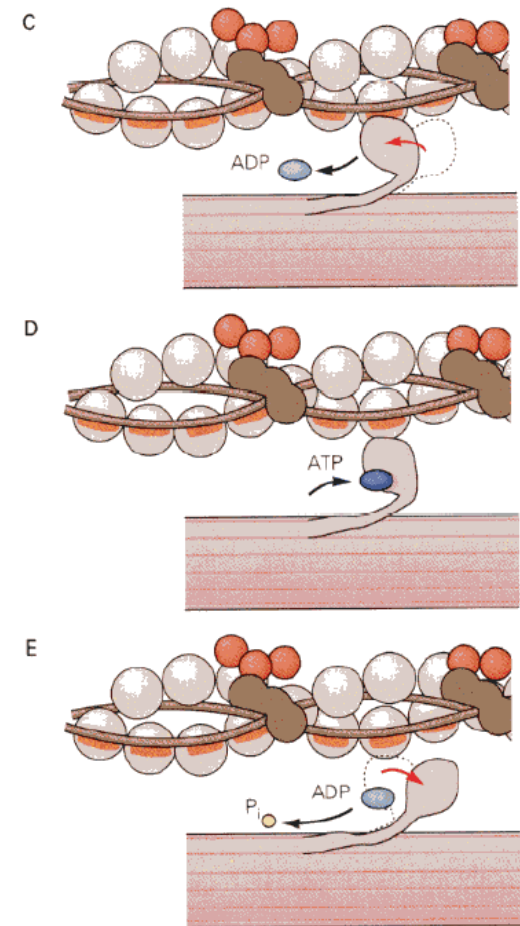
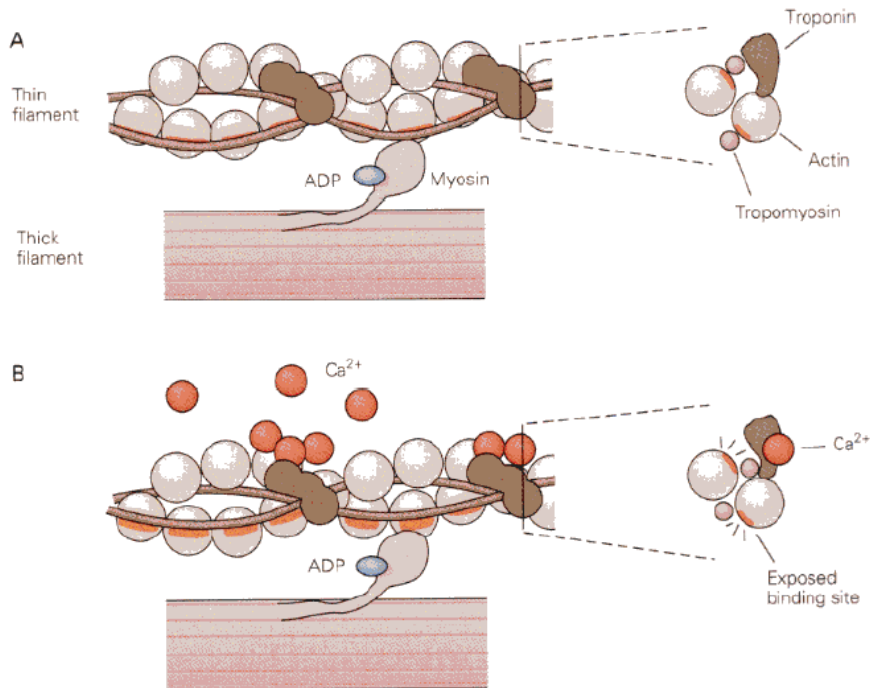
A: Myosin heads loaded with ADP attached; Actin binding sites blocked by troponin-tropomyosin

B:  $Ca^{2+}$  flows in, attaches to tropomyosin, and exposes binding sites

C: Cross-bridges form, and the mechanical energy stored in the myosin head produces shortening force; sliding motion of  $0.06 \mu\text{m}$

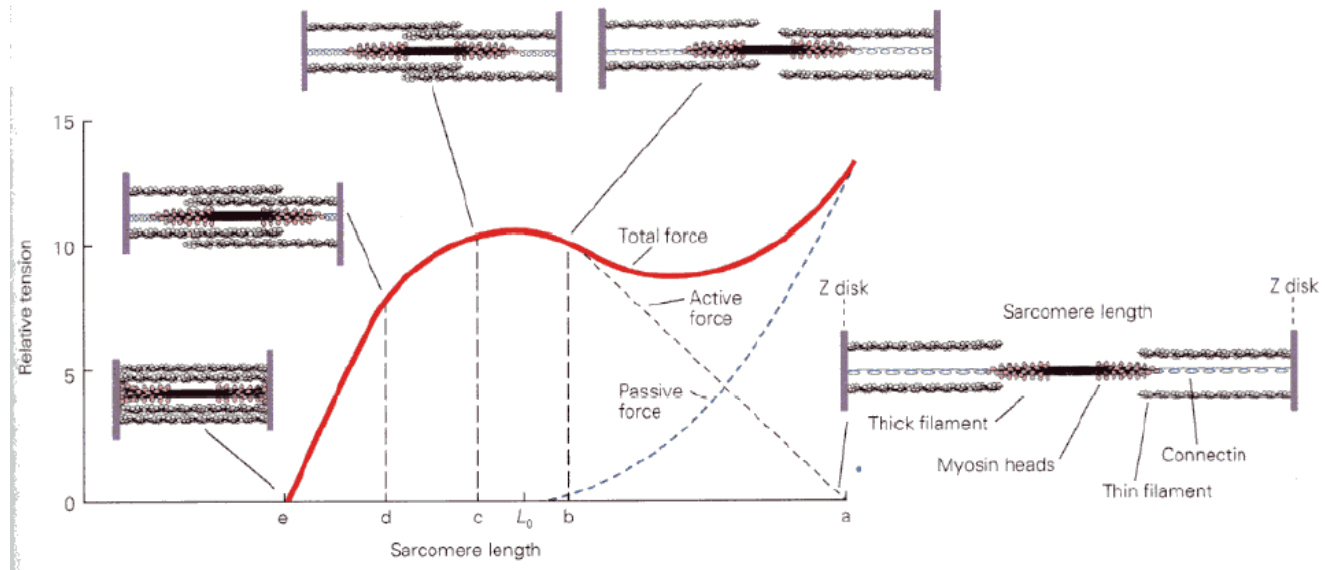
D: ATP binds to myosin and detaches cross-bridge

E: Converting ATP to ADP releases energy, which re-loads myosin head

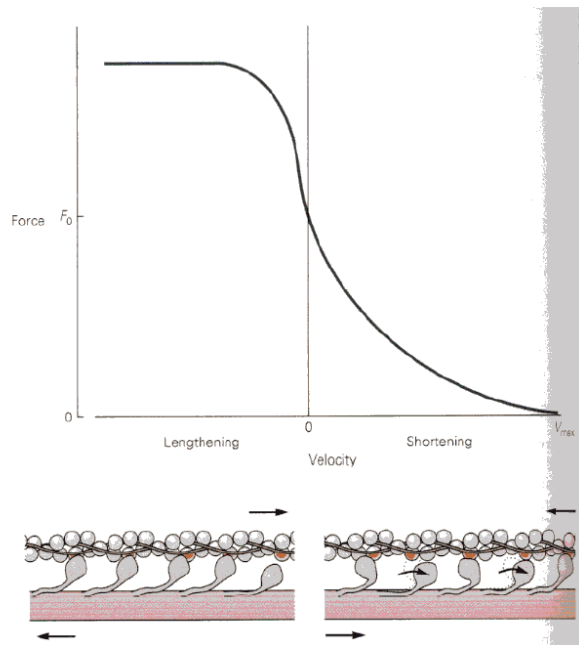


# Muscle force depends on length and velocity

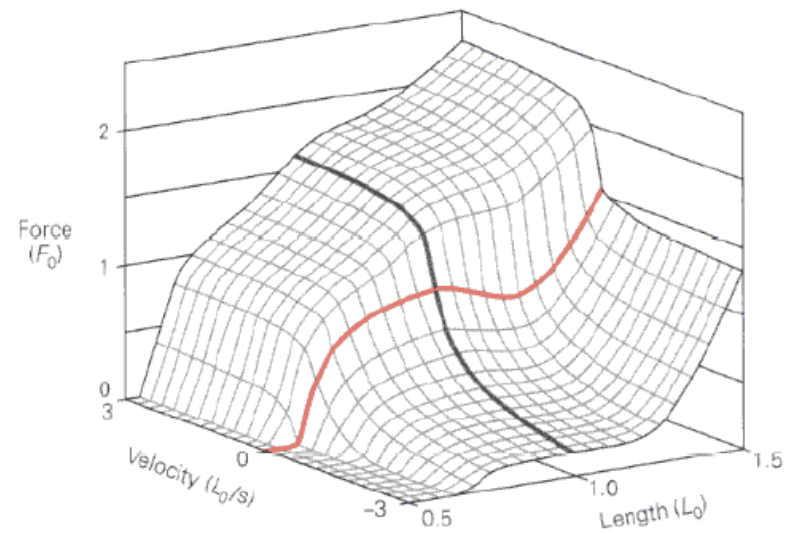
Length dependence:



Velocity dependence:

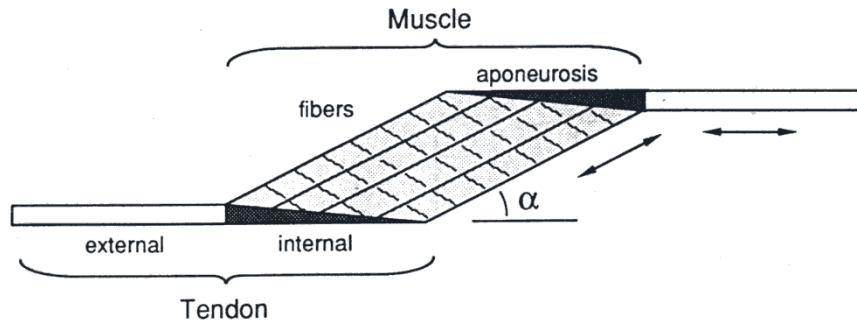


Force-length-velocity surface:

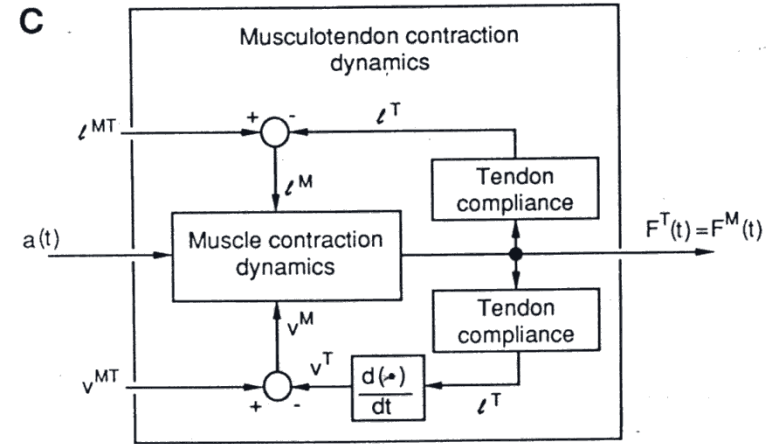


# The muscle-tendon actuator

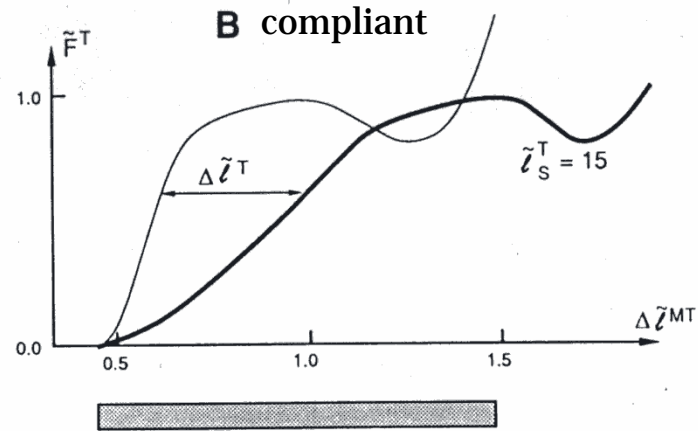
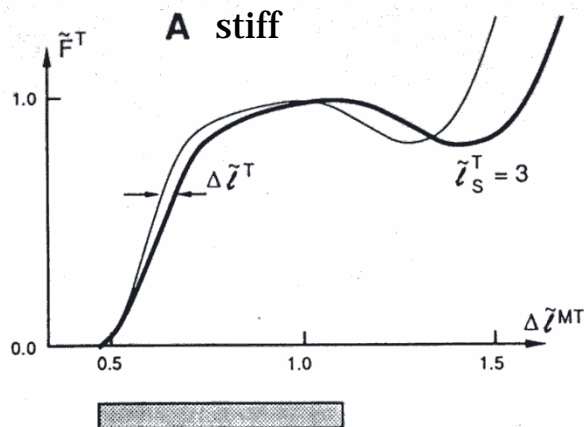
Muscle and tendon work as a unit



Interactions



Tendon compliance "stretches" muscle length-tension curve





# Dynamics of force generation

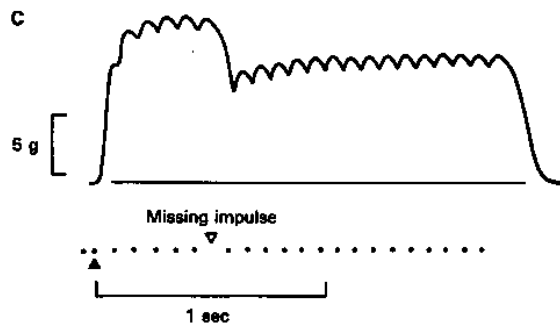
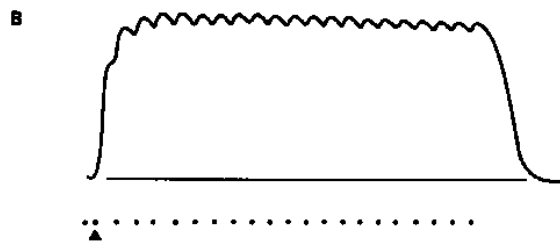
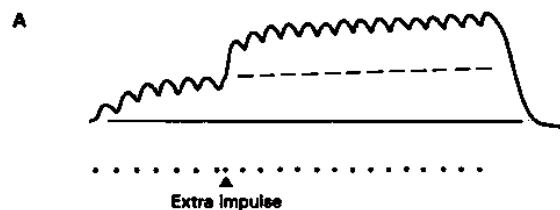
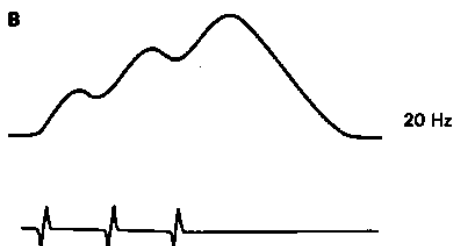
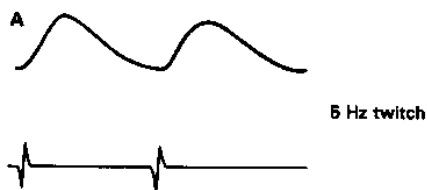
CA release and re-uptake are different mechanisms

1<sup>st</sup>-order nonlinear filter model:

$$\dot{a}(t) = -a(t)/\tau_{deact} + (u(t) - a(t))a(t)/\tau_{act}$$

$\tau_{act} \approx 20ms$   
 $\tau_{deact} \approx 60ms$

Temporal summation

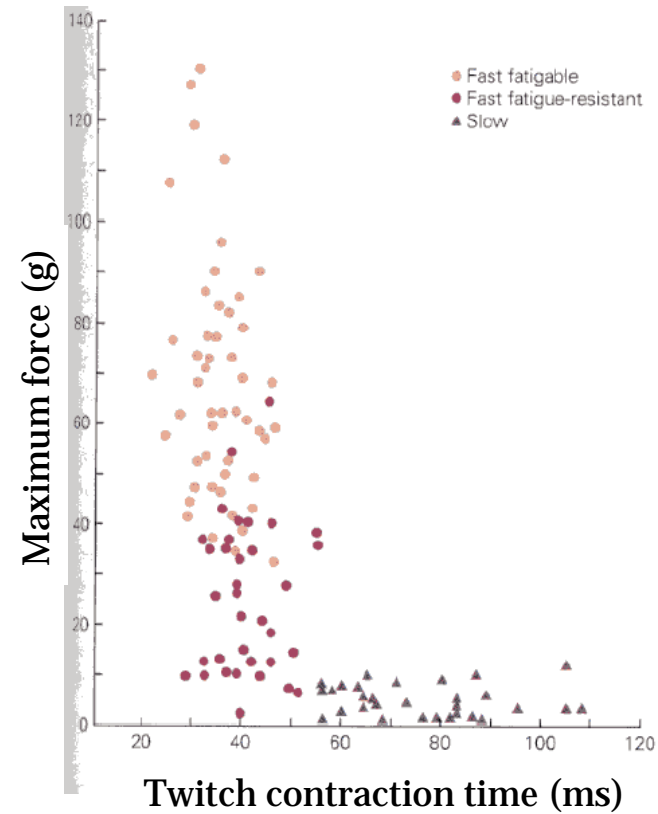
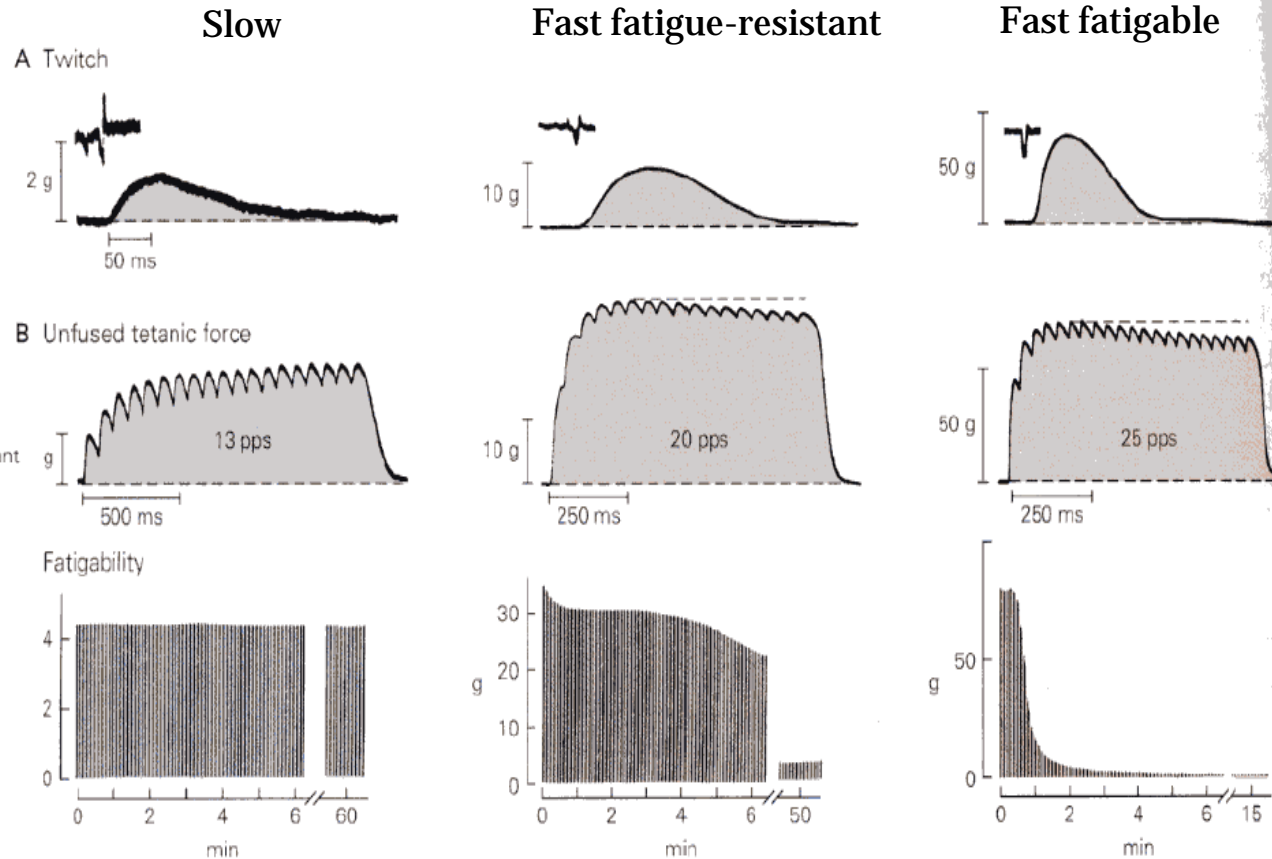


Sensitivity to spike pattern:

motorneurons:  $cv \sim 0.1$ ,  
no baseline

other neurons:  $cv \sim 1$ ,  
some baseline

# Types of motor units

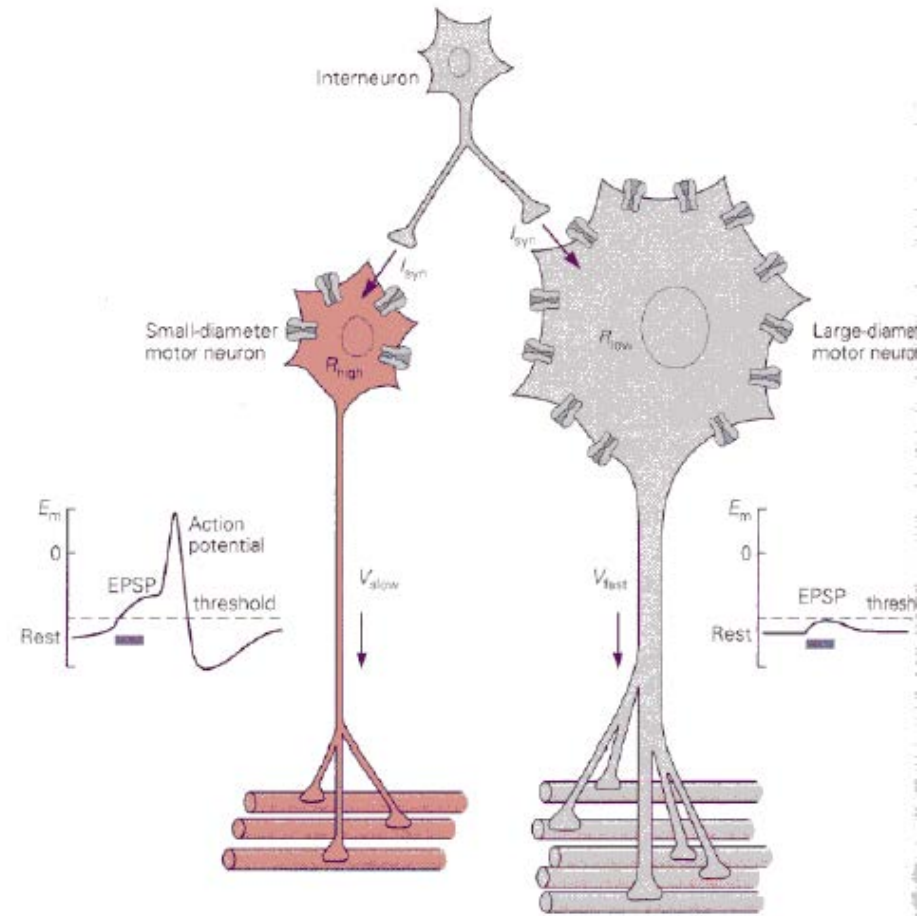
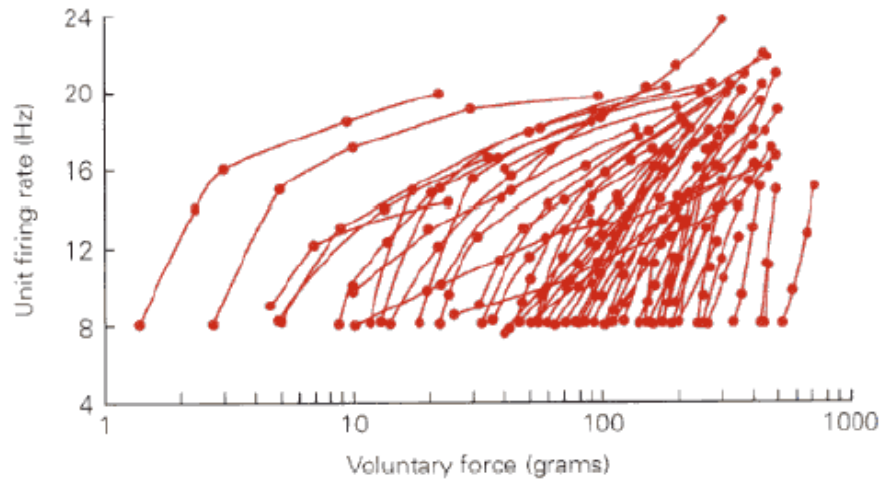




# Recruitment order

Slow units are recruited first, minimizing fatigue and allowing better control of small forces

Simple mechanism for recruitment ordering



# Muscle models

Complete, but hard to simulate:

Sliding filament hypothesis (Huxley) specifies how the distribution of cross-bridges evolves as a function of length, velocity, and neural input. This leads to a PDE. Keeping track of that distribution explicitly is not computationally feasible.

The right mix of detail and speed:

Distribution moment model (Zahalak) approximates the cross-bridge distribution with a Gaussian, and derives ODEs for the mean and variance of the Gaussian. Fast and surprisingly accurate, but people rarely use it (the math is unusual for this community).

Curve-fitting:

For most application a phenomenological (Hill-type) model is sufficient.  
Many such models exist, usually in the form:

$t$  – tension

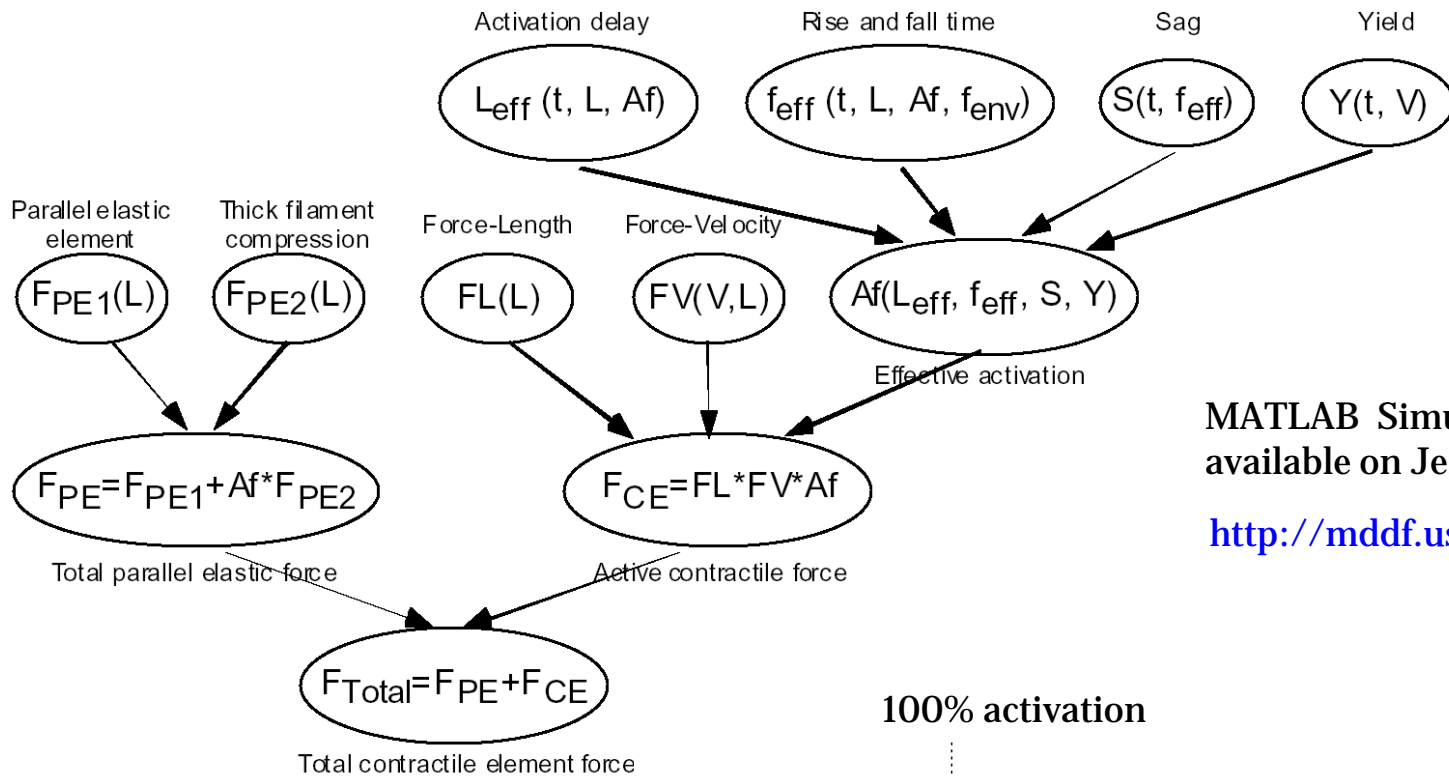
$a$  – activation

$u$  – neural input / EMG

$$t(a, q, \dot{q}) = a (f_L(q) + f_V(q, \dot{q})) + f_P(q)$$

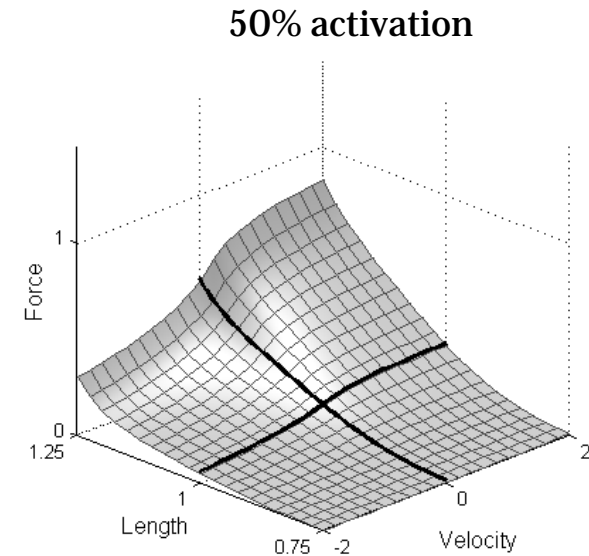
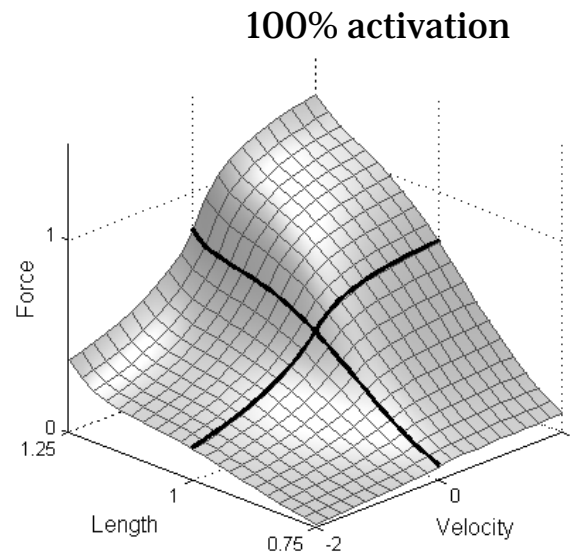
$$\dot{a} = g(a, u)$$

# Virtual muscle: A state-of-the-art Hill-type model <sup>11</sup>



MATLAB Simulink implementation available on Jerry Loeb's website:

<http://mddf.usc.edu/software.html>

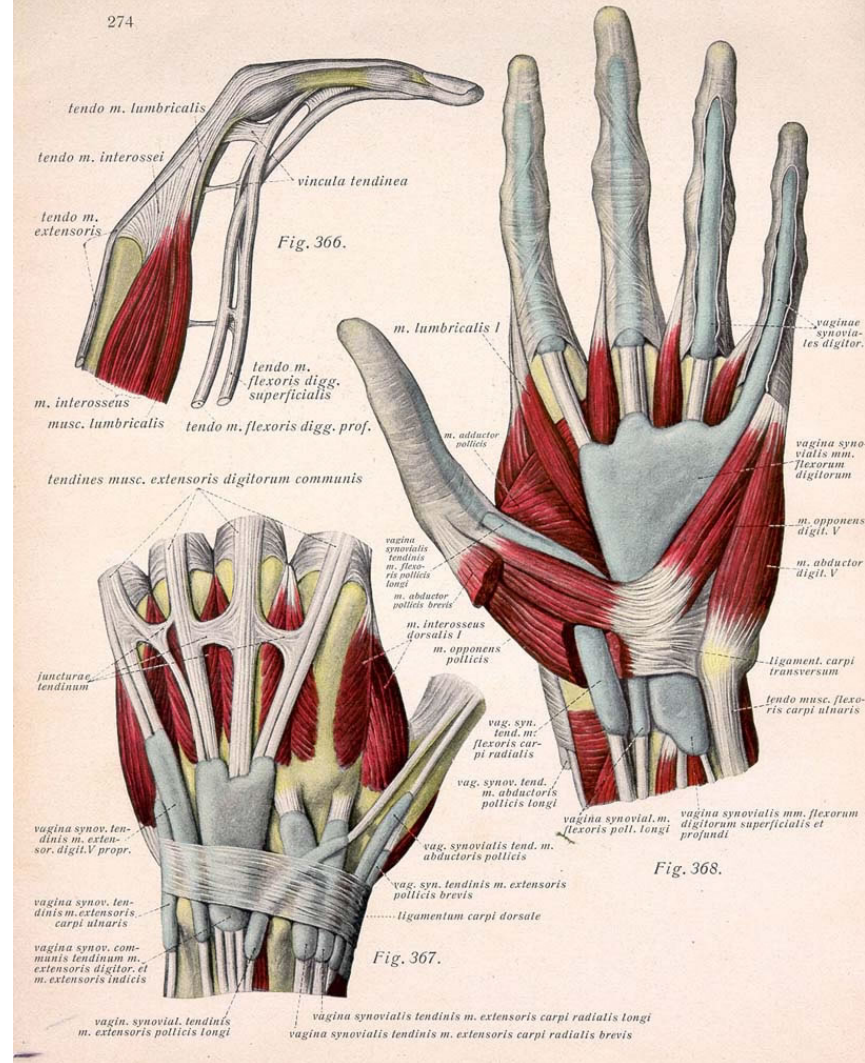
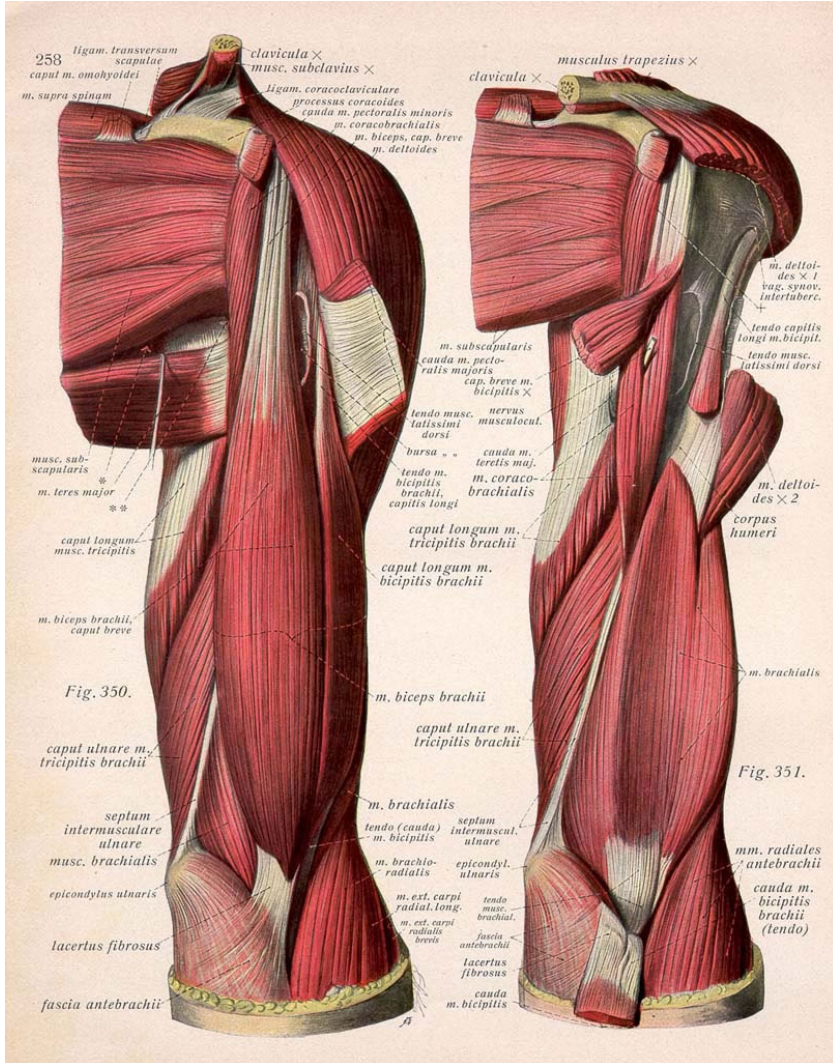




# Muscle geometry

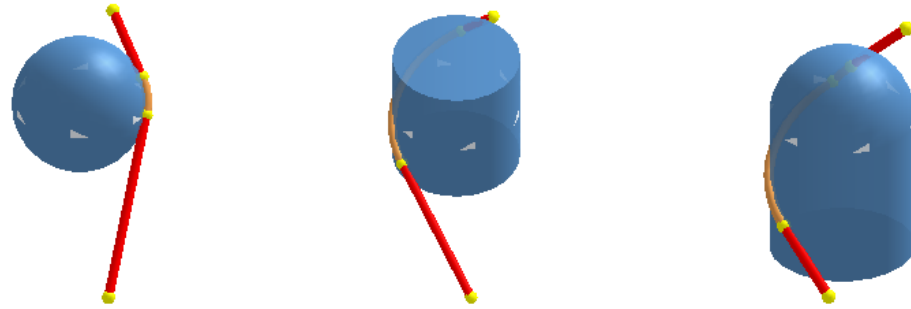
As the skeleton moves the muscle moment arms change, which changes the mapping from tension to joint torque.

$$\text{moment arm } (q) = \frac{\partial \text{length } (q)}{\partial q}$$



# Geometric modeling using virtual obstacles

Obstacle set:



A complete arm model:

